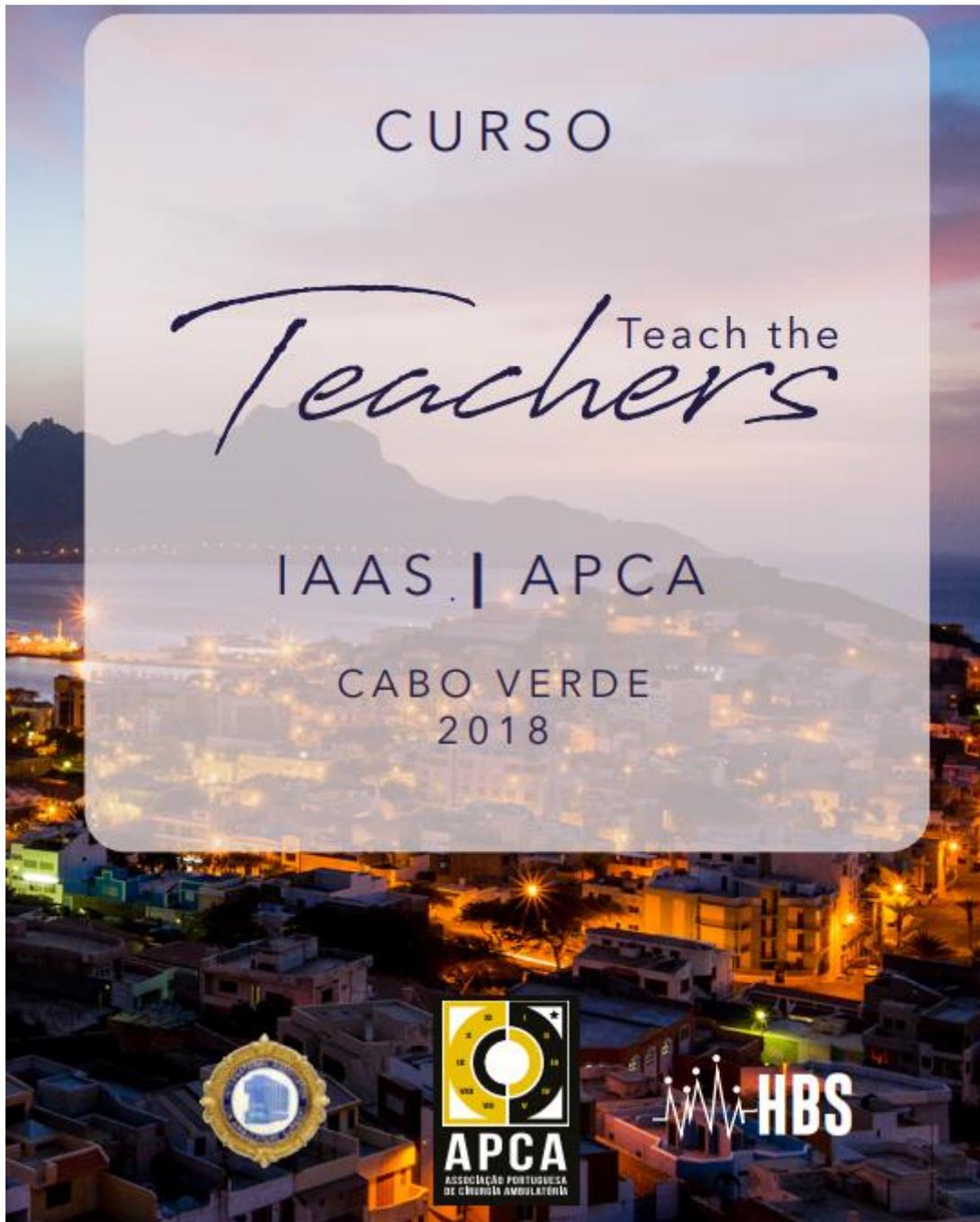


FINAL REPORT

APCA / IAAS



INTRODUCTION

APCA organized a Teach the Teachers Course from 19 to 22 February 2018, with the support of IAAS, at Baptista Sousa Hospital (BS), on the island of S. Vicente - Cabo Verde.

The main objective of this course was to provide pre-graduate training to different professionals of the Baptist Sousa Hospital, in the area of Ambulatory Surgery, in order to help this Hospital to create an Ambulatory Surgery Unit (ASU).

The implementation of this ASU will require the creation of teams and experienced professionals in the context of the ambulatory surgical approach, thus allowing an improvement in the quality of assistance to the population of the island and contributing to the improvement of health indexes in Cabo Verde

GENERAL PROGRAM

Day 19 - Morning - Travel

Day 19 - Afternoon - Visit to Baptista Sousa Hospital

Day 20 - Morning - Theoretical Presentations

Day 20 - Afternoon - Theoretical Presentations

Day 21 - Morning - Surgical Intervention

Day 22 - Afternoon - Theoretical Presentations and Closing Course

Day 23 - Travel

TRAINERS:

- Carlos Magalhães - IAAS - Surgeon - Porto

- Vicente Vieira - IAAS - Anesthetist - Braga

- Paula Sarmiento - APCA - Anesthetist / Management - Sta. Maria da Feira

- Célia Castanheira - APCA - Nursing - Porto

SCIENTIFIC COURSE PROGRAM

20/02 - 9h - Official Opening

- Definition of AS and evolution of AS worldwide - Carlos Magalhães
- Evaluation and preparation of the patient for AS - Vicente Vieira
- Advantages of AS for adults and children / Criteria for Inclusion - Paula Sarmento
- Competences of the Nurse in the Outpatient Surgery Unit - Célia Castanheira

- Health indicators in Cabo Verde
- Evaluation and surgical procedures for AS - Carlos Magalhães
- Strategies for the anesthetic approach of the patient in AS - Vicente Vieira
- General aspects of the organization of an ASU - Paula Sarmento
- The Role of the Nurse in the preoperative period in AS - Célia Castanheira

- Patient Circuit in AS / - Elaboration of the different phases of the postoperative period in AS - Carlos Magalhães / Vicente Vieira
- How to plan the postoperative at home - Paula Sarmento
- What Information to pass on to the patient and their caregiver - Célia Castanheira

- Surgical procedure - Inguinal and Umbilical Hernioplasty - Practical aspects of approaching a patient in AS
- Quality and safety centralized in the patient - Carlos Magalhães
- Criteria of Discharge in AS - Vicente Vieira
- The Role of the Nurse Postoperatively in AS - Célia Castanheira
- How to Evaluate Quality in AS – Paula Sarmento
- General Discussion and Conclusions / Inquiry
- Closing

PARTICIPANTS

The course was held in the auditorium of HBS and was attended by 82 professionals, including surgeons of different specialities, anesthetists, nurses and managers.

The course was broadcast by videoconference to Sal Island, Boavista Island and Santo Antão Island, with 20 professionals present.

All the professionals received a final Diploma of participation.

The Director General of Health of the Ministry of Health of Cabo Verde - Dr Maria da Luz Lima - was present during the 2 days of the Course.

The Chairman Director of the Board of HBS - Dra Ana Brito - and the Clinical Director - Dr. Jamira de Sousa - had an active participation and made an essential contribution to the accomplishment of this course.

SURGICAL INTERVENTION

On the 2nd day of the course, at 8:30 a.m., a surgical intervention was performed, where all the assumptions related to the outpatient surgery circuit were presented and exemplified.

The male patient, diagnosed with a left inguinal hernia and umbilical hernia, was evaluated at a preoperative visit by the surgeon, anesthesiologist and nurse, on the 20th, and underwent surgical treatment of inguinal hernia and umbilical hernia, under local anesthesia and sedation.

In this intervention the surgical team integrated some professionals of the HBS Operative Room.

The procedure was uneventful and the patient was discharged at 4 pm, as planned.

This experience served to demonstrate all the elements, the criteria and guidelines to be followed in approaching an outpatient patient.

CONCLUSIONS

This course was the first IAAS initiative within the scope of AS implementation project in Africa.

The APCA, together with the heads of IAAS and Hospital Baptista Sousa, in the city of Mindelo - Island of S. Vicente, managed to achieve a theoretical and practical course, which proved to be very useful for the training of several professionals in different areas of health and who will contribute in a decisive way for the creation of the first Ambulatory Surgery Unit in Cabo Verde.

ACCOUNTS REPORT - IAAS / APCA Course – Cabo Verde:

DESCRIPTION	€ TOTAL
Design program and certificate	275,00 €
Printing Programs	70,00 €
Travel Dr. Carlos Magalhães	932,85 €
Travel Dr. Vicente Vieira	932,85 €
Travel Dra. Paula Sarmento	932,85 €
Travel Enfª Célia Castanheira	932,85 €
Viss	100 €
Taxi	66 €

TOTAL 4.267,40 €

Lodgment and Food were assumed by Local Organizing Committee and Hospital Baptista Sousa.

APCA and IAAS

May 2018

Carlos Magalhães

